

KidsFirst Childcare Center

**August 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Week 1</b>			Scrambled Eggs w/Peppers and Onions/ Cheese English Muffins Yogurt Fresh Fruit  Milk	Spaghetti And Meatballs Garden Salad Rolls Fresh Fruit	Ham Lettuce and Cheese Sandwich Veggie Chips Pickles Fresh Fruit  Milk	
<b>Week 2</b>	Turkey & Kale Goulash Bread & Butter Green Peas Fresh Fruit  Milk	Chicken & Spinach Quesadillas White Rice Salsa & Sour Cream Fresh Fruit  Milk	Whole Wheat French Toast Turkey Bacon Yogurt Fresh Fruit  Milk	Fish Sticks Tatar Tots Corn Fresh Fruit  Milk	Egg Salad Sandwich Cheese Sticks Veggie Straws Pickles Fresh Fruit  Milk	
<b>Week 3</b>	Spinach, Tomato & Carrot Tortellini w/Alfredo Sauce Crescent Rolls Fresh Fruit  Milk	Tacos Lettuce/ Cheese Salsa and Sour cream Sauce Fresh Fruit  Milk	Pancakes w/ Syrup Ham Yogurt Fresh Fruit  Milk	Homemade Pepperoni Pizza Cucumber Slices w/ Ranch Fresh Fruit  Milk	Turkey & Cheese Sandwich w/ Lettuce Pickles Sweet Potato Chips Fresh Fruit  Milk	*Whole milk will be served to children 1 and 2 years old. 1% or Skim to children over 2 years old
<b>Week 4</b>	Corn Dogs Mozzarella Cheese Sticks Cooked Carrots Fresh Fruit  Milk	Chicken & Cheese Taquitos Yellow Rice Salsa & Sour Cream Corn Fresh Fruit  Milk	Blueberry Waffles Sausage Yogurt Fresh Fruit  Milk	Baked Cheese Ravioli w/Marinara Sauce Mixed Veggies Fresh Fruit  Milk	Wow Butter & Jelly Sandwich Veggie Straws Yogurt Fresh Fruit  Milk	*Portion sizes will be served according to CACFP guidelines

<b>Week 5</b>	<b>Sloppy Joes With Cheese On a Bun Garden Salad Fresh Fruit</b>  <b>Milk</b>	<b>Pigs in a blanket With Cheese Cauliflower Fresh Fruit</b>  <b>Milk</b>	<b>Chicken Tenders Mashed Potatoes Green Beans Fresh Fruit</b>  <b>Milk</b>	<b>Homemade Macaroni and Cheese Broccoli Fresh Fruit</b>  <b>Milk</b>	<b>Tuna Salad Sandwich with Lettuce/ Cheese Potato Chips Pickles Fresh Fruit</b>  <b>Milk</b>	
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